

Living Water Ritual

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from a longer version created by Diane Smith, CSJ (Los Angeles, CA)

At the very dawn of creation, the Creator breathed on the waters, making them holy. We know that water is essential to life; the waters of baptism birth a person into a new life. And Native peoples believe that water is living and holds memories.

In New Zealand the Whanganui River and in India the Ganges River have been granted legal personhood. The Yurok Nation in California granted legal personhood to the Klamath River. Recently Toledo, Ohio granted the legal personality of Lake Erie.

With this and much more that we know about the qualities of water, we take several minutes to unite ourselves with the specialness and sacredness of water.

Fill a bowl with fresh clear water. Take a few moments to put aside any busyness, fear, or blindness. Lean toward the water. With a calm and serene mind breathe positive and loving thoughts into the water.

Ask the water to bless you, your loved ones, all of creation and the needs of our world. With confidence ask the water to fill you with visions of how you can be a channel of living water to yourself, to others and for a world thirsting for healing, justice, peace, and love.

Bless and sprinkle yourself with the living water. Rejoice and give thanks!