## Possible Questions for reflection:

- Sister Miriam writes about ongoing conversion as "a movement from the merely external and conventional practice of "regular observance" of rules and regulations to one in which a true interior commitment and surrender to the will of God is paramount" When have you felt a moment of ongoing conversion in your life?
- 2) What are some ways that we can support each other in our lives of ongoing conversion and renewal?
- 3) How can Companions becomes as Sister Miriam writes, "Witness to the reign of Christ's kingdom"?